

## **Sports Medicine Duty of Care: Winning at all Costs**

*FSEM UK and Bar Standards Board Accreditation to be sought*

**28 April 2017**

The Royal College of Surgeons, London, UK

Professor Nicola Maffulli and Dr Rod Jaques will co-chair this high level, high profile, interdisciplinary and interactive SEMS Meeting at The Royal College of Surgeons, London. Building on the success of previous MedEduCare not-for-profit events, this day, whilst aimed at senior practitioners, is open to all medical, legal and allied healthcare professionals working across all sports. The day will be attended by up to 80 delegates. The programme has been developed recognising the Duty of Care complexities facing practitioners working in sports medicine and the programme speakers are at the pinnacle of their specialties. Early booking is advised as we expect the day to fully attended.

Delegate Fee: The early bird delegate fee is £150 (on all bookings confirmed by 28 February 2017). Thereafter, standard fee is £180 (includes full-day attendance, all meeting documents, refreshments, hot buffet lunch, attendance certificate with FSEM and Bar Standards Board CPD accreditation and meeting DVD with meeting presentations uploaded, sent to you after the day).

***Booking forms are available from Barry Hill at [barryghill@hotmail.com](mailto:barryghill@hotmail.com)***

### **0800 Registration, Refreshments and Commercial Exhibition**

#### **0850 Meeting Welcome Professor Nicola Maffulli**

#### **Morning Session - Chair: Dr Rod Jaques**

0900 What it takes to win and duty of care regarding sports physician's governance. Peter Keen

0930 Performance medicine – what is it? Dr Anita Biswas

1000 What are the early signs of a governing system going awry? Professor Richard McLaren

1030 A legal perspective of a sports physician's duty of care in winning at all costs. Mary O'Rourke

#### **1100 Refreshments and Commercial Exhibition**

1130 A medical perspective of a sports physician's duty of care in winning at all costs. Dr Matthew Perry

1200 Team strategy – the sports physician's role. Dr Paul Jackson

#### **1230 Roundtable Discussion All**

#### **1300 Lunch and Commercial Exhibition**

#### **Afternoon Session - Chair: Professor Nicola Maffulli**

1400 When it works well, when the medical code and what it takes to win stay aligned. Dr Chris Tomlinson

1430 Controlling the pressure to send a player back into play when medically unfit. Dr Gary O'Driscoll

1500 The MDT – are all professional codes aligned? Dr Craig Ranson

1530 Refreshments and Commercial Exhibition

1600 The role of the team physician in professional sport in the future. Dr Nick Peirce

1630 What should good sports governance look like in the future? Baroness Tanni Grey-Thompson

#### **1700 Roundtable Discussion All**

#### **1730 Meeting Close Professor Nicola Maffulli**

## Speaker Biographies:

### Meeting Chairs:

**Professor Nicola Maffulli MD MS PhD FRCS (Orth) FRCP FFSEM** is Professor of Musculoskeletal Surgery, Consultant Orthopaedic Surgeon, University of Salerno, Italy and Professor of Sports and Exercise Medicine, Consultant Trauma and Orthopaedic Surgeon, Mile End Hospital. His main clinical interests lie in the management of lower limb sports injuries and in paediatric musculoskeletal sports medicine. Special interests include Anterior Cruciate Ligament and Patellar and Achilles tendons. His main research interests are the histology and biology of overuse tendon injuries and the effects of intensive training in young and older athletes. A florid research programme is under way with international collaborators, focusing on orthopaedic genetics, outcome measures and randomized controlled trials in trauma and orthopaedics, and tissue engineering of tendons. Professor Maffulli has recently been awarded the Fellowship of the Royal College of Physicians.

**Dr Rod Jaques FFSEM(UK)** served as President of the Faculty of Sport and Exercise Medicine (UK) between 2012-15 and is now Immediate past President FSEM (UK). He is also Director of Medical Services at the English Institute of Sport (EIS) which provides medicine and sports science services to summer and winter Olympic athletes. He is based in the EIS South West Region at Bath University where many Olympic athletes train. Rod undertook the London Hospital Diploma course in Sports Medicine, qualifying with distinction and the David Ritchie prize in 1990. He has attended the Atlanta, Sydney, Athens, Beijing and London Olympics with Team GB and the Kuala Lumpur and Manchester Commonwealth Games with the England Team. From 1989-2005 he was Medical Advisor to the British Triathlon Association. Rod lectures on many aspects of sports medicine and has published in the British Journal of Sports medicine and the Lancet. He was appointed to the British Olympic Medical Centre, London in 1998 – 2001 and joined the EIS in 2003. He also has a practice at Nuffield Health Cheltenham Hospital where he works in private practice with a multidisciplinary team of physiotherapists, strength and conditioning, podiatry, nutrition, sports psychology practitioners, musculo-skeletal radiologists and orthopaedic consultants.

### Meeting Speakers:

**Dr Anita Biswas BMBS MRCGP FFSEM MSc (Sports Med)** is a senior sport physician for the English Institute of Sport based at Bisham Abbey where she works as part of the Research and Innovation Athlete Health Team, with a focus on reducing the impact of injury and illness on performance in elite athletes. She has worked full time in Sports Medicine for 20 years having completed a Master's degree in Sports Medicine, a clinical fellowship in Sports Medicine and spent time working with the Military at the Defence Services Military Rehabilitation Centre at Headley Court. Anita has been part of the medical team at four Paralympic Games, including twice as Chief Medical Officer for Paralympics GB, the commonwealth games in Manchester in 2002 and the London Olympics in 2012. She attended the Rio Olympics this year in her role as Chief Medical Officer for the British Sailing team.

**Baroness Tanni Grey-Thompson DBE** is one of Britain's most successful Paralympic athletes. Tanni amassed a medal haul over 16 years and five Paralympic Games of 11 gold, 4 silver and a bronze, and added to that 5 gold, 4 silver and 3 bronze medals at World Championships. She was created a Cross bench life Peer in 2010 and works in areas including physical activity and sport, and Disability Rights. She is also Chair of ukactive, and Chancellor of Northumbria University. Over her career, Tanni broke 35 World Records on the track. Tanni has continued to be involved in sport and physical activity. She is a Board Member of the London Marathon, the Sportsaid Foundation, the Duke of Edinburgh Awards and Join In. In addition to this she is also a Board Member of several organisations including Transport for London, and the London Legacy Development Corporation. In 2010 Tanni became an Independent Crossbench Peer in the House of Lords, taking the title Baroness Grey-Thompson of Eaglescliffe in the County of Durham. As a working peer Tanni uses her experience and knowledge during debates in the House and she has spoken on a range of issues including Disability Rights, Welfare Reform, and of course, Sport. Asked by the Minister of Sport to undertake a review of Duty of Care in Sport, Tanni's findings will be published shortly.

**Dr Paul Jackson FFSEM(UK) MBBS DipSportsMed** is a specialist in Sports & Exercise Medicine. He has 25 years' experience of treating patients from elite international sport to recreational weekend exercisers. The knowledge and principles used to treat elite professional sportsmen and sportswomen can be used to treat injuries in all the exercising and sporting population, as well as injuries from other causes. Paul has a particular interest in seeing patients with recurrent injuries and those in whom either the diagnosis or underlying cause for the injury is unclear. He also sees office and manual workers with work related musculoskeletal conditions.

**Peter Keen CBE** is a visionary coach and leader in international high performance sport with a proven track record in strategic planning, team management, coaching, sport science and education. As Performance Director at UK Sport he designed and implemented the strategic funding and performance management system that resulted in the triumphant achievement of Team GB at the 2012 Olympic and Paralympic Games in London. Peter has been involved, in an official capacity at seven Olympic Games and over 20 cycling championships. He has coached men and women to nine world

records and gold medals at Olympic, World, Commonwealth and European Championships and over 50 national titles. He is widely credited as being the architect behind the dramatic rise in the profile and success of British Cycling as a result of his pioneering work between 1997 and 2003 establishing its high-performance programme at the Manchester Velodrome. In November 2015, Peter took over as Interim Performance Director at the Lawn Tennis Association, having been acting as performance consultant, ahead of the Summer Olympics in Rio.

**Professor Richard McLaren H.B.A. (Western University), LL.B. (Western University), LL.M. (London), C.Arb.** Barrister & Solicitor with the Law Society of Upper Canada was called to the Ontario Bar Counsel to the London, Ontario law firm McKenzie Lake Lawyers LLP and Professor of Law and Interim Dean, the University of Western Ontario; Associate Dean 1979-82; teaching: Alternative Dispute Resolution, Contracts, Banking, Commercial Law, Secured Financing, Real Property Financing, Debtor-Creditor Rights, Sports Law, Bankruptcy and Insolvency and Business Law. Major publications include Falconbridge on the Law of Mortgages (4th ed.), Commercial Arbitration Law, Secured Transactions in Personal Property in Canada (2nd ed.), Canadian Commercial Reorganisations: Avoiding Bankruptcy, The 2009 Ontario Annotated Personal Property Security Act, and Innovative Dispute Resolution: The Alternative; Editor, Personal Property Security Act Cases (P.P.S.A.C.). Richard has experience as a commercial lawyer, a labour and commercial arbitrator, and a mediator. He is a long-standing member of International Court of Arbitration for Sport (CAS), the world Supreme Court of sports disputes based in Lausanne, Switzerland. He has been a member of the ad Hoc Divisions of CAS at the Winter Olympic Games in Nagano, Japan in 1998 and Turin Italy in 2006; the Summer Olympic Games: in Sydney, Australia 2000; in Athens, Greece, 2004; and, in Beijing, China, 2008 and the Commonwealth Games in Manchester England in 2002. Richard was the founder of the ADRsportRed pilot dispute resolution program which later evolved into the Sports Dispute Resolution Centre for Canada where he drafted the Code of Arbitration and served as its Co-Chief Arbitrator for the inaugural three years until 2006. The SDRCC is a body dealing with disputes at the national level of Canada's sport system. He has served with distinction as an arbitrator for the National Hockey League salary arbitrations and more recently Player/Agent disputes for the NHL Players' Association. He was appointed Chairman of the Independent International Commission of Inquiry on Doping Control to investigate allegations against certain American track and field athletes (Report July 2001) and served for six years as Chairman of the Association of Tennis Professionals (ATP) Anti-Doping Tribunal until 2006 when the ATP Doping Programme was transferred to the International Tennis Federation. He participated with Senator Mitchell in the Major-League Baseball inquiry in to the use of steroids which culminated in a Report in December of 2007. He is a member of the Anti-Doping Panel for the International Cricket Council based in Dubai and chairs the Doping Tribunal for the European Tour which serves men's professional golf. He is also a co-founder of Sport Solution, an athlete advocacy association funded by Athletes CAN located at the Faculty of Law, The University of Western Ontario. He is the incoming chair of the NSLI's Board of Advisors. In 2011 he was appointed the President of the Basketball Arbitration Tribunal based in Geneva Switzerland and associated with FIBA. In December 2014, he was appointed by the World Anti-Doping Agency (WADA) to investigate allegations of widespread, systematic doping and cover-ups in Russia.

**Dr Gary O'Driscoll MBBS BSc (Hons) FFSEM DipSEM** is now in his eighth full season at the Emirates Stadium and has overseen major developments in the medical department since joining the Club. As a result of providing medical expertise for the first team and academy sides, spending six years with the Ireland Rugby Team and being the official doctor on two British Lions tours, he has accrued vast experience in top-level sport. A Member of the Medical Organising Committee for 2012 London Olympics Gary is also a member of the RFU Disciplinary Panel.

**Mary O'Rourke QC** is a highly-respected and sought-after specialist in professional discipline, clinical negligence and employment law. She is ranked for clinical negligence and professional discipline by Chambers & Partners and for professional discipline by the Legal 500. She also won Professional Discipline Junior of the Year in the Chambers & Partners Bar Awards 2008. She took silk in 2009 having been called to the bar in 1981. She was called to the bar in Northern Ireland in 2003 and is recognised as a Senior Counsel there. Mary is widely recognised as one of the leading silks in professional discipline. She undertook first case at the GMC in 1986 and has consistently been representing doctors before the GMC since then in every type of hearing and before every type of Panel or Committee. Mary is also active in cases involving the medical treatment of sporting injuries in an employment or disciplinary context, especially those involving complex statutory or regulatory issues or human rights issues. Mary has vast experience of public law (particularly judicial review) work relating to the NHS and healthcare profession regulators, including judicial reviews of a number of decisions by coroners, and of the GMC in the Baby P paediatrician case (Al Zayat). Mary has extensive experience of every type of clinical negligence claim, predominantly (but not exclusively) representing professional healthcare defendants. This includes both NHS Trusts and individual medical practitioners. She also has a busy employment law practice centred on advisory and advocacy within the medical and related professions, and also within the education sector. This includes representing NHS Trusts, doctors, dentists and others in tribunal or in the High Court in breach of contract, discrimination and many other types of case.

**Dr Nick Peirce B Med Sci BMBS DRCOG MRCGP FRSIM FRACGP FFSEM** works both as a Consultant in Sport and Exercise Medicine at QMC, with an NHS Musculoskeletal / Sports Injury clinic and in elite sport as Chief Medical Officer for the England and Wales Cricket Board and local teams including Nottingham Forest Football. Originally trained in Family Medicine Dr Peirce moved into Sport and Exercise Medicine in 1995. Training included, an MSc in Sports Medicine with in 1996, a 2-year Lectureship at Nottingham University and subsequent Overseas Sports Medicine Fellowship at the

Australian Institute of Sport. Since 1997 has worked as CMO for GB World Class Canoeing Program and for LTA Great Britain Davis Cup team 2001-2007. In 2003 became the Lead Physician at the English Institute of Sport at Loughborough University until moving to cricket full time. Dr Peirce has attended Sydney and Athens Olympics and Commonwealth Games and has continued to be the lead Sports Physician for Nottingham Forest Football Club, since 2001. Currently is Training Program director for SEM in East Midlands, sits on the Faculty for SEM and SAC and Chairs National Recruitment and Workforce planning. Other activities include editorial Boards for BJSM and CJSM, ICC Medical Committee and continues to be actively involved in research and injury surveillance. Supervising PhDs at Nottingham and Loughborough University in Spinal Injuries in Sport, stress fractures and bone metabolism in athletes. Clinical interests include all musculoskeletal conditions and has particular expertise in Ultrasound guided and interventional procedures.

**Dr Matthew Perry MBChB MRCP MFSEM MSc (Warwick) Management MSc (Bath) SEM** was a General Practitioner in Albrighton Medical Practice in Shropshire from 1986-2015. Chair of Shropshire Primary Care Group 1999-2001. Wolves Club Doctor from 2002; Premier League Medical Advisor from 2014. Honorary Lecturer in Medical Ethics Swansea University since 2015. His present interests are twofold; the development and delivery of safe system in professional sport and the duty of care of doctors and directors as defined by statute, regulation, guidelines and codes of practice. His present focus is developing structures and systems involving the Premier League, Football League, FA and PFA to ensure evidence based risk quantification and risk mitigation through accountable governance at Club level.

**Dr Craig Ranson PhD MCSP FHEA** is Programme Director of the MSc in Sports and Exercise Medicine at Cardiff Metropolitan University and a Physiotherapist with the Wales Rugby Team. His previous posts include UK Athletics Chief Physiotherapist and National Lead Physiotherapist to the England and Wales Cricket Board. Craig is a consultant to a variety of sporting organisations including the International Cricket Council and the Sports Medicine Department of the University of the West Indies. His research focus is sports injury management and prevention.

**Dr Chris Tomlinson BM BS MSc (SEM) FFSEM(UK)** is a Senior Sports Physician at the English Institute of Sport, Chief Medical Officer to British Gymnastics and Archery GB, Sports Physician at Wolverhampton Wanderers and Clinical Advisor for MSK Services to Shropshire CCG. He was an HQ Medical Officer for Team GB at the Rio 2016 Olympics, and is fascinated by issues surrounding the management of athletes in and around competition. His interests include injection therapies, menstrual issues in athletes and medical education. He is an examiner on the University of Bath SEM MSc course, a tutor on the BASEM Foundation Skills Course and mentors SEM Registrars at the English Institute of Sport.

The logo for MedEduCare features the text "MedEduCare" in a white, sans-serif font. The text is centered within a dark grey rectangular background. Below the text, there is a horizontal bar composed of three colored segments: a blue segment on the left, a pink segment in the middle, and a green segment on the right.

MedEduCare